

18:57:40 From caroline To Everyone:

630 here

18:58:17 From Charles To Everyone:

Hello Everyone trust you are all well good to see the super stars

18:58:40 From Dee Cee To Everyone:

Hi All

18:59:19 From Charles To Everyone:

The Green Latrine

19:00:56 From Fiona To Everyone:

Happiest birthday wishes lovely Julie ❤️

19:01:02 From caroline To Everyone:

bridge over troubled water

19:02:03 From Charles To Everyone:

Happy Birthday to you Happy Birthday to you Happy Birthday dear Julie

19:02:15 From caroline To Everyone:

happy bday Julie

19:03:06 From Vincent To Everyone:

Sorry can't sing for the life of me, but Happy Birthday Julie!

19:03:13 From Fiona To Everyone:



19:03:49 From Julie Parker To Everyone:

Thank you everyone, for your lovely wishes XXXXX

19:04:33 From Charles To Everyone:

Queensland 4th wave really

19:04:34 From Pasquale To Everyone:

I heard happy birthday singing! Whose Bday it is?

19:05:02 From Charles To Everyone:

Oh no

19:05:09 From Loz To Everyone:

52 is the new 32

19:05:31 From laila To Everyone:

Wow - Looking amazing for 52

19:05:34 From Julie Parker To Everyone:

<https://foamgroup.online/>

19:07:21 From Charles To Everyone:

Are those bots we are talking about ?

19:08:11 From Anthony To Everyone:

Yes Charles , the Green Latrine was knocked down and replaced with Casselden Place at the corner of Spring St and Lonsdale St Melb.

19:08:58 From Pasquale To Everyone:

And Italians!!!

19:08:59 From Charles To Everyone:

Casselden Place was my home for 14 years

19:10:21 From caroline To Everyone:

Dan just took IBAC to Supreme Court to block investigation until election is over

19:11:44 From Dee Cee To Everyone:

No Way!

19:11:54 From Julie Parker To Everyone:

Wow, Caroline!

19:12:21 From caroline To Everyone:

came through on Twitter

19:12:36 From Sharon, To Everyone:

'DITCH DAN LIST' - for 2022 VIC State Election (Top 20). Link to download 1 page PDF - permission provided today 11.11.2022 [https://votewisely.godaddysites.com/ditch-dan-list-20-pointsby author, Geoff Shaw, "DAN ANDREWS UNMASKED"](https://votewisely.godaddysites.com/ditch-dan-list-20-pointsby author, Geoff Shaw,).

19:14:27 From Rosie To Everyone:

rumour has it Dan is going to switch to Federal politics after this stint I didn't think it could get more depressing

19:14:51 From Julie Parker To Everyone:

what? Crikey - God help us

19:15:35 From Julie Parker To Everyone:

So appalling!

19:17:44 From Loz To Everyone:

What about the belt road project?

19:18:13 From Loz To Everyone:

Did he not get permission from the Govt to go with this?

19:18:23 From Julie Parker To Everyone:

That is glorious, Sharon!! Thank you for your time, effort, brilliance.

19:18:55 From Loz To Everyone:

thank you Sharon. This is great work as usual

19:18:59 From Loz To Everyone:

*work

19:19:16 From Rosie To Everyone:

thank you Sharon - I've tweeted it - not a fan of Twitter but I gave it a whirl lolz

19:20:52 From Pam's iPad To Everyone:

Sharon's "Ditch Dan" list does not open for me.

19:20:56 From Charles To Everyone:

You are a marvel Sharon

19:21:23 From Sharon, To Everyone:

Just uploaded the PDF in chat for Ditch Dan List

19:22:35 From Dee Cee To Everyone:

God help us if Dan goes Fed.

19:23:31 From Julie Parker To Everyone:

Sharon, posted image of your list to FB - -will re-post twice every day! Thank you!

19:24:41 From Charles To Everyone:

One of my colleague was actually buying train stations in the country during the 90's

19:24:58 From John & Peggy To Everyone:

tribeqr.com/v/vaccinatedpilotsb

19:27:02 From jojo To Everyone:

no lan's not on tonight

19:30:51 From jojo To Everyone:

website is being serviced at the moment.
worldofwellness.life

19:30:52 From Rosie To Everyone:

it will be National soon - WA will adopt

19:34:30 From Loz To Everyone:

Vitamin D?

19:34:37 From Loz To Everyone:

Sunlight

19:34:41 From Sheree To Everyone:

I also thought Vitamin D.

19:35:35 From Loz To Everyone:

Cannabis?

19:35:41 From Marina To Everyone:

green tea

19:35:41 From Rosie To Everyone:

CBT oil

19:35:41 From caroline To Everyone:

hydroxy stuff

19:37:00 From Marta To Everyone:

how do you spellit?

19:37:07 From Vincent To Everyone:

autophagy

19:37:13 From Pasquale To Everyone:

No worries, Pfizer is already working on a "vax" against adverse reactions to their jab!

19:37:39 From John & Peggy To Everyone:

Autophagy (pronounced "ah-TAH-fah-gee") is your body's process of reusing old and damaged cell parts. Cells are the basic building blocks of every tissue and organ in your body. Each cell contains multiple parts that keep it functioning.

19:37:40 From Vincent To Everyone:

I have been doing that for more than 3 years ;-)

I could have gotten the jab 😊

19:37:52 From Fiona To Everyone:

Wine

19:38:09 From Julie Parker To Everyone:

Ha ha, V!

19:38:10 From jojo To Everyone:

My understanding is that this is correct but its multi-factorial.... liver detox is a crucial factor and healthy eating certainly

19:38:19 From Julie Parker To Everyone:

Nie, Jo

19:38:23 From Julie Parker To Everyone:

*Nice

19:38:52 From Loz To Everyone:

<Melatonin- handful of walnuts

19:39:07 From Vincent To Everyone:

or pistachios

19:39:18 From Loz To Everyone:

(will help you sleep)

19:39:40 From John O'C To Everyone:

Autophagy . <https://www.frontiersin.org/articles/10.3389/fcell.2020.00138/full>

19:39:49 From caroline To Everyone:

Cartia is a slow release 100mg tablet

19:39:52 From jojo To Everyone:

also the regime actually needs to be tailored to the individual ideally

19:41:37 From Marta To Everyone:

Interested in the Sleep soundly... book. May I have the info pls?

19:42:21 From Vincent To Everyone:

It will be on the worldofwellness.life website as soon as it is back online after being transfered to a new hosting service.

19:42:37 From Julie Parker To Everyone:

Great news, Jo! Wonderful stuff!

19:43:13 From Fiona To Everyone:

Dr Jane Ruby did great follow up with Dr Ardis recently re snake venom... will find link for Julie

19:44:16 From Julie Parker To Everyone:

Wonderful, thanks Fiona

19:44:35 From Julie Parker To Everyone:

Thanks for that link above JOC

19:44:50 From Julie Parker To Everyone:

Thanks, Loz, for your info above

19:45:13 From Julie Parker To Everyone:

Thanks, John and Peggy-Ines

19:47:45 From Anthony To Everyone:

Red Hats. A song on this video I made of Overnight Jones in Melbourne has the hit song they had Red Hat. Enjoy and subscribe. <https://youtu.be/BPfeZ-8S7wM>

19:48:13 From Fiona To Everyone:

<https://rumble.com/v1qe0hh-live-7pm-worldwide-exclusive-dr.-ardis-was-wrong.html>

19:51:37 From Julie Parker To Everyone:

Dr Sam Bailey <https://drsambailey.com/>

19:51:48 From Vincent To Everyone:

The Baileys refuse to debate Steve Kirsch and his team on this topic. To me this is a dead giveaway...

19:52:10 From jojo To Everyone:

To be fair, there are cough expectorants and cough suppressants. But yeah doctors can be a bit clueless about basic things.

19:52:15 From Julie Parker To Everyone:

Rumble channel of Charles with many excellent presentations of the Medical Doctors for COVID Ethics <https://rumble.com/c/c-1504535>

19:54:42 From Vincent To Everyone:

This book is also pushed by Steve Kirsch. It is a must read apparently.

19:54:44 From Julie Parker To Everyone:

Turtles all the way down book: <https://www.goodreads.com/book/show/35504431-turtles-all-the-way-down>

19:55:17 From Julie Parker To Everyone:

Tim Noakes: https://en.wikipedia.org/wiki/Tim_Noakes

19:55:28 From caroline To Everyone:

just as an aside Republicans forecast to have a 5-7 majority in USA Congress. This will stop sleepy Joe's agenda

19:55:38 From Julie Parker To Everyone:

Thanks, Caroline

19:57:03 From Rosie To Everyone:

not sure if I mentioned it last week but someone I know has had his filed documents changed by the Supreme Court in WA - massive issue to raise but I have seen the documents so can confirm. Obviously said in confidence while he works through what he needs to do next

19:57:30 From Julie Parker To Everyone:

https://en.wikipedia.org/wiki/Thomas_McInerney

19:57:42 From Charles To Everyone:

Maricopa County back in the spot light again

19:58:00 From Sheree To Everyone:

Trump has an announcement on this Saturday 12/11/22. We will have to wait and see.

19:58:07 From Julie Parker To Everyone:

Hammer and Scorecard

19:59:11 From caroline To Everyone:

Omicron is a frequency initiated version of the Wuhan virus. More deadly when wifi is activated while you sleep. Only needs 4G to find the graphene oxide in your cells and it can dial in the next wave.

19:59:19 From Rosie To Everyone:

Fair Work Commission apparently has now accepted we have bodily autonomy in Australia - that's massive really

19:59:59 From Charles To Everyone:

The corruption is palpable in Democrat controlled cities Nevada is another problem Pennsylvania is a basket case

20:01:19 From laila To Everyone:

Dominion software is apparently also used here

20:01:40 From Sheree To Everyone:

Yes be aware that although we use paper, I would not be surprised if there is corruption.

20:01:49 From John & Peggy To Everyone:

No it isnt Laila Th eAEC is investigating its use

20:03:22 From Rosie To Everyone:

I'm not allowed to donate blood - because of the one medication I take - can't see the point of my ban given vaccinated blood is such an issue!

20:03:27 From Sheree To Everyone:

I have worked on State and Local Elections. They don't use machines except for after they have been sorted into preferences, they use it to count the number in each preference, which is then hand counted afterwards more than once.

20:03:41 From laila To Everyone:

Interesting John - refer to comments made by Riccardo Bosi some time ago

20:04:06 From Pasquale To Everyone:

Give us a list of help he needs

20:04:16 From Fiona To Everyone:

Best to Vote on Election Day not pre poll

20:04:35 From Julie Parker To Everyone:

neil.angus@parliament.vic.gov.au

20:04:45 From John & Peggy To Everyone:

[gerrard rennicks interrogation of the Blood transfusion service](#)

<https://fb.watch/gJOoTmu4TA/>

20:05:59 From Julie Parker To Everyone:

Dr James Thorp

20:06:01 From Julie Parker To Everyone:

shasta erickson

20:06:06 From John & Peggy To Everyone:

And Alex Antic question the health dept on who can get pregnant

<https://fb.watch/gJOu2c05TP/>

20:07:02 From Vincent To Everyone:

And they lost track of hundreds of women in the study, by sheer COINCIDENCE, right?

20:07:03 From Julie Parker To Everyone:

Thanks for those links, John

20:07:29 From caroline To Everyone:

Sarah

20:07:38 From Charles To Everyone:

South Australian

20:07:41 From Fiona To Everyone:

Hanson Young

20:08:33 From Charles To Everyone:

No South Australian Hanson Young

20:09:11 From John & Peggy To Everyone:

Charles she was born in Goongera VIC and lives in South Aust

20:09:16 From Dee Cee To Everyone:

went to S.A. but Sarah is certainly victorian

20:09:24 From Vincent To Everyone:

yep,, SA.

20:09:48 From Charles To Everyone:

Congress will be Republican Senate will not flip based on the Dominion machines

20:10:04 From Vincent To Everyone:

Here is her mug:

https://www.aph.gov.au/Senators_and_Members/Parliamentarian?MPID=IOU

20:10:57 From laila To Everyone:

<https://rumble.com/v1svbng-november-9th-us-midtermsupdate....html>

20:11:20 From Sheree To Everyone:

Apparently, there was a back room deal made between the Democrats and the Republicans, that the Republicans will win the house and the Democrats will keep the Senate. They will use Hammer and Score Card to make that happen.

20:12:04 From Charles Kovess - Freedom. Passion. Law. Health. Hemp. Comedy (AU) To Everyone:

Wow Sheree. Thanks

20:12:11 From Marta To Everyone:

we have background talking

20:12:16 From caroline To Everyone:

thanks Sheree

20:12:22 From Sharon, To Everyone:

Dan the Debt man

20:12:31 From Rosie To Everyone:

Thanks everyone - I must dash - see you next week

20:12:38 From John O'C To Everyone:

Sharon's list of 20 of Ditch Dan will be in the hands of most people attending Ocean Grove market this Saturday

20:12:44 From Charles To Everyone:

Bye everyone

20:13:01 From caroline To Everyone:

bye eeveryone

20:13:11 From Vincent To Everyone:

Cheers everybody!

20:13:11 From Marta To Everyone:

Happy birthday Julie

20:13:40 From Sheree To Everyone:

Happy Birthday Julie! I hope that you have a great night! God bless.

20:13:45 From Dee Cee To Everyone:

Happy Birthday Jukie

20:14:00 From Marina To Everyone:

thanks all

20:14:11 From Dee Cee To Everyone:

Have a lovely night Julie.

20:14:28 From Dee Cee To Everyone:

Thanks All

20:14:47 From Loz To Everyone:

Happy beautiful birthday to you Julie. BOTH my sisters are early NOV babies, too. So it's a busy month! enjoy the rest of your special day x

20:15:02 From DW To Everyone:

Happy Birthday Julie. Thanks everyone. Night all

20:15:03 From Pasquale To Everyone:

Buon Compleanno Julie!!!!

20:15:25 From Dora To Everyone:

Thanks and happy birthday Julie

20:15:41 From Fiona To Everyone:

Thanks everyone

Enjoy the rest of your birthday Julie 🎉🎈🎂