18:58:42 From Vincent to Everyone:

Play dumb and say you don't understand what this all means.

18:59:12 From Charles V to Everyone:

Reacted to "Play dumb and say yo..." with 👍

19:02:26 From Charles V to Everyone:

Reacted to "X is the unknown fac..." with

19:02:37 From Julie Parker to Everyone:

Tucker Carlson on Twitter: https://twitter.com/TuckerCarlson

19:02:53 From Lynne to Everyone:

Reacted to "Play dumb and say yo..." with 👍

19:03:08 From Caroline & Guy to Everyone:

Hi Everybody

19:03:10 From Lynne to Everyone:

Reacted to "Brett Sutton should ..." with 🤎

19:03:11 From Julie Parker to Everyone:

NOTIFICATION TO FOAM ATTENDEES

Do to continued calls for changing of FOAM meeting times and days to accommodate those who can not easily attend on Friday evenings, we will start recording our meetings for limited viewing.

The recording link will be shared upon request of FOAM members and not be published on any video platform.

The recording of our meetings can be paused at any time if contributors are uncomfortable with their particular communication being included in the recording.

FOAM attendees are welcome to change their Zoom user name and keep their video off during the meetings to retain their anonymity.

If you missed the meeting and would like the recording link, you can send a request to Julie at julie@julieparkerpracticesuccess.com.au

19:03:26 From Rosie to Everyone:
hi everyone 🙂
19:03:33 From Julie Parker to Everyone:
Welcome, everyone!
19:03:43 From Lynne to Everyone:
Reacted to "Hi Everybody" with 👍
19:03:57 From Lynne to Everyone:
Reacted to "hi everyone 😊 " with 👍
19:04:01 From Lynne to Everyone:
Reacted to "Welcome, everyone!" with ♥
19:04:21 From Charles V to Everyone:
I'm the Real Charles IV
19:04:32 From Julie Parker to Everyone:
Reacted to "I'm the Real Charles" with 😂
19:04:44 From Lynne to Everyone:
Reacted to "I'm the Real Charles" with 笆
19:04:46 From Simon to Everyone:
no long weekend here, but if you love your job its perpetual vacation :)
19:05:22 From Julie Parker to Everyone:
https://foamgroup.online/
19:06:04 From Pam's to Everyone:
Reacted to "Play dumb and say yo" with 👍
19:07:02 From Aldo to Everyone:
Unable to detect my PC camera so go with what we have
19:07:12 From Julie Parker to Everyone:
Reacted to "Unable to detect my" with 👍
19:07:29 From Julie Parker to Everyone:
Reacted to "no long weekend here" with 😂
19:09:13 From Julie Parker to Everyone:
Andrew Bridgen UK MP - https://rumble.com/v2t2ado-andrew-bridgen-uk-mp.html

```
19:09:24 From Julie Parker to Everyone:
       We are drinking in the 'Lasy Chance Salloon'
19:09:51 From Julie Parker to Everyone:
       *last
19:10:51 From Simon to Everyone:
       *saloon
19:11:21 From Rohan to Everyone:
       Inalienable:
       not subject to being taken away from or given away by the possessor.
19:11:31 From Rosie to Everyone:
       Reacted to "Inalienable:
       not sub..." with 🤎
19:11:36 From Lynne to Everyone:
       Reacted to "Inalienable:
       not sub..." with
19:11:37 From Karen And Alex to Everyone:
       Reacted to "no long weekend here..." with
19:12:05 From Julie Parker to Everyone:
       Reacted to "*saloon" with 😂
19:12:17 From Karen And Alex to Everyone:
       good evening everyone
19:12:30 From Julie Parker to Everyone:
       Replying to "*saloon"
       that was TWO spelling errors in the one, very short, sentence!
19:12:35 From Lynne to Everyone:
       Replying to "Inalienable:
       not sub..."
       Glad you are back with us again Rohan. ... remember us 🤣 😂 🤣 😂 🙋
19:12:41 From Julie Parker to Everyone:
       Reacted to "good evening everyon..." with 👃
```

```
19:12:45 From Rohan to Everyone:
       I'll have a 'Lasy Chance'.... if it's a type of alcoholic beverage...
       Which saloon do I get one from.
19:12:54 From Lynne to Everyone:
       Reacted to "good evening everyon..." with
19:13:04 From Julie Parker to Everyone:
       Reacted to "I'll have a 'Lasy Ch..." with 😂
19:13:06 From Lynne to Everyone:
       Reacted to "I'll have a 'Lasy Ch..." with
19:13:27 From Julie Parker to Everyone:
       Replying to "I'll have a 'Lasy Ch..."
       Love is! I feel pretty 'Lasy' after a bevvy
19:13:49 From Lynne to Everyone:
       Reacted to "Love is! I feel pret..." with
19:13:53 From Julie Parker to Everyone:
       Peter Cooper
19:13:57 From Caroline & Guy to Everyone:
       if its dodgy I'm in
19:14:13 From Julie Parker to Everyone:
       Reacted to "if its dodgy I'm in" with 😂
19:14:40 From Rohan to Everyone:
       Replying to "Inalienable:
       not sub..."
       yeees Lynnnnne......
19:15:02 From Lynne to Everyone:
       Reacted to "yeees Lynnnnne......" with
19:17:45 From John to Everyone:
       Rodney Carrington Show them to me
```

19:17:58 From Simon to Everyone: Amazing Grace 2006 19:18:12 From Neil to Everyone: Outstanding film - "Hacksaw Ridge" 19:18:13 From Simon to Everyone: https://www.imdb.com/title/tt0454776/ 19:18:17 From Rosie to Everyone: sadly I now find myself inspired by the likes of The Sopranos 🤣 🤣 those concrete boots are looking pretty cool just now. 19:18:31 From Vincent to Everyone: A réagi à "sadly I now find m..." avec 😅 19:18:31 From Julie Parker to Everyone: William Wilberforce https://www.imdb.com/title/tt0454776/ 19:18:56 From Julie Parker to Everyone: Reacted to "sadly I now find mys..." with 19:19:05 From Vincent to Everyone: @Rosie: I wanted to mention the video footage of the Nuremberg trial hangings... 19:19:10 From Julie Parker to Everyone: Reacted to "Amazing Grace 2006" with 19:19:47 From Julie Parker to Everyone: Listen to Sam Newman and Don Scott on this terrific podcast https://smartassam.podbean.com/ 19:20:14 From Rosie to Everyone: Reacted to "@Rosie: I wanted to ..." with 🤣 19:20:41 From Karen And Alex to Everyone: https://open.spotify.com/episode/25Jn3Y5RgMopKo3PJuEkhl?si=6ulP4IWST4K-aUcOpJklyg 19:20:47 From Aldo to Everyone: Episode 201 Sam Newman interview with doctor 19:20:59 From Julie Parker to Everyone: Reacted to "Episode 201 Sam Newm..." with 👍

```
Damien Richardson https://damienrichardson.online/
19:22:37 From Aldo to Everyone:
       Don Scott and Sam Newman speak to Dr Peterson. Informative using humour.
19:22:57 From Julie Parker to Everyone:
       Damiens past episodes INTERVIEWS
       Show 3 – Mark Battersby
       June 5, 2023
       INTERVIEWS
       Show 2 – David Thrussell
       June 2, 2023
       INTERVIEWS
       Show 1 – Michael Andjelkovic
       May 29, 2023
19:24:39 From Gerry to Everyone:
       I will do whatever Karen asks me to do (!!) -- she is the BOSS
19:24:46 From Julie Parker to Everyone:
       Reacted to "I will do whatever K..." with
19:25:03 From Julie Parker to Everyone:
       Reacted to "I will do whatever K..." with 😂
19:25:25 From Rosie to Everyone:
       funny how they want all the evidence for our position but the dodgy science needs no
evidence whatsoever
19:25:34 From Vincent to Everyone:
       A réagi à "funny how they wan..." avec 👍
19:25:35 From Karen And Alex to Everyone:
       Reacted to "I will do whatever K..." with
```

19:21:44 From Julie Parker to Everyone:

19:25:41 From Tess to Everyone:

https://apac01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fm.youtube.com%2F watch%3Fv%3DpjUHHFwxL3I%26feature%3Dyoutu.be&data=05%7C01%7C%7C105e8be6d1a3444b2 91808db68cb60a8%7C84df9e7fe9f640afb435aaaaaaaaaaa%7C1%7C0%7C638218994927247450%7 CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6 Mn0%3D%7C3000%7C%7C%sdata=RoTjmOOqLfGxMLXEANXVvxgee0%2FHV%2FUQsIRVk%2BFoS M4%3D&reserved=0

19:25:57 From Julie Parker to Everyone:

Replying to "funny how they want ..."

That's it!!

19:26:17 From Julie Parker to Everyone:

Reacted to "https://apac01.safel..." with

19:26:20 From Tess to Everyone:

Interview about new FEDERAL political corruption protocols

19:26:55 From Julie Parker to Everyone:

5:15 pm (AEST) Dean Mackin - on TNT Radio: tntradio.live

19:27:02 From Rosie to Everyone:

tomorrow I'm going to the AMPS presentation to see Dr Malhotra in Perth - so will be up way past my bedtime lolz

19:27:14 From Tess to Everyone:

Reacted to "tomorrow I'm going t..." with 💚

19:27:50 From Ema to Everyone:

Awesom downloading the TNT app now!!

19:28:21 From Julie Parker to Everyone:

Dean Mackin episodes on TNT Radio https://tntradio.live/shows/the-dean-mackin-show/

19:28:23 From Gerry to Everyone:

Subscribe and PROMOTE --- https://cmnnews.substack.com/

19:28:28 From Julie Parker to Everyone:

Reacted to "Awesom downloading t..." with 💜

19:28:33 From Julie Parker to Everyone:

Reacted to "tomorrow I'm going t..." with 💜

19:28:58 From Pam's to Everyone:

Reacted to "I will do whatever K..." with 😂

19:29:11 From Dee Cee to Everyone:

People still have the choice to walk away.

19:29:22 From Karen And Alex to Everyone:

Reacted to "Don Scott and Sam Ne..." with 👍

19:29:38 From Rosie to Everyone:

the rats are abandoning the sinking ship?

19:29:46 From Julie Parker to Everyone:

Brett Sutton went out whining: "It was the 16-hour days, sprinting for six months without a day off," he said.

"Throw in the vitriol and the death threats and the intrusions and the kind of barrage of lies that you see, especially on social media. Accountability is appropriate, but the BS that is sometimes spouted out there is quite extraordinary sometimes."

19:30:10 From Aldo to Everyone:

113 Covid deaths in the last 2 weeks in Victoria and Brett has said nothing!

19:30:27 From Charles V to Everyone:

John H I am with you on that rule 303

19:32:01 From Vicki to Everyone:

Reacted to "the rats are abandon..." with

19:32:40 From Vicki to Everyone:

Reacted to "tomorrow I'm going t..." with 💚

19:32:54 From laila to Everyone:

Go to grandmother Mulara's website. Much evidence posted on grandmotherwisdom.com providing evidence re what is really going on with the voice.

19:33:11 From Julie Parker to Everyone:

Reacted to "Go to grandmother Mu..." with 👍

19:34:14 From Gerry to Everyone:

BOOM Finance and Economics is now on Substack!! https://boomfinanceandeconomics.substack.com/

19:34:22 From Karen And Alex to Everyone:

Reacted to "BOOM Finance and Eco..." with



19:34:59 From Julie Parker to Everyone:

Reacted to "BOOM Finance and Eco..." with

19:35:00 From Aldo to Everyone:

Sam said Malhotra was not well

19:35:28 From dara to Everyone:

Dr Malhotra was not well shortly after he arrived in Melbourne and needed some rest

19:35:42 From Anthony to Everyone:

Is there any idea on what the new currency is called. Of course I don't mind if we return to LSD - Pounds, Shillings and Pence. However, I doubt we will be that lucky. Perhaps Chairman Dan has arranged for us to have Australian YUAN!

19:35:43 From Lynne to Everyone:

Reacted to "Dr Malhotra was not ..." with

19:35:54 From Julie Parker to Everyone:

Replying to "Sam said Malhotra wa..."

That's it - but, I thought two times in a row - I wondered...

19:36:03 From Julie Parker to Everyone:

Reacted to "Dr Malhotra was not ..." with

19:36:39 From Belinda to Everyone:

Forest of the fallen at lilydale lake this Sunday if anyone out in the eastern suburbs. 10.30

19:36:54 From Julie Parker to Everyone:

Reacted to "Forest of the fallen..." with

19:37:20 From Julie Parker to Everyone:

What was his name, Simon, sorry?

19:37:24 From Simon to Everyone:

https://www.bitchute.com/video/V0jXaFV847SG/ Extremely Low Mortality Rates in 30,000 Covid Patients Treated with HCQ -Prof. Philippe Brouqui

19:37:29 From Gerry to Everyone:

Didier Raoult is a BRILLIANT Doctor

19:37:43 From Julie Parker to Everyone:

Reacted to "https://www.bitchute..." with

19:37:48 From Julie Parker to Everyone: Reacted to "Didier Raoult is a B..." with 19:37:52 From Vicki to Everyone: Replying to "Sam said Malhotra wa..." Hi aldo - you made it! 19:37:56 From Rosie to Everyone: the new stamps don't have anything to do with the Queen being replaced by the new King? 19:37:57 From Tess to Everyone: Dr William Bay was arrested for protesting .. he spent a night in jail and the magistrate through the case out. The police wanted him to sign a document saying he would not come back to the Brisbane CBD..... A WIN for US all 19:38:17 From Vincent to Everyone: A réagi à "Dr William Bay was..." avec 👍 19:38:20 From Julie Parker to Everyone: Subscribe to Philip Altman substack https://substack.com/@phillipaltman 19:38:23 From Vincent to Everyone: A réagi à "Didier Raoult is a..." avec 👍 19:38:28 From Julie Parker to Everyone: Reacted to "Dr William Bay was a..." with 🙏 19:38:35 From Gerry to Everyone: Phillip ALTMAN -- https://phillipaltman.substack.com/p/what-are-your-real-chances-of-dying 19:38:40 From Julie Parker to Everyone: Reacted to "Phillip ALTMAN -- ht..." with 19:38:45 From Julie Parker to Everyone: Replying to "Phillip ALTMAN -- ht..." Many thanks, Gerry 19:38:56 From John to Everyone: phillipaltman.substack.com/ 19:38:59 From Gerry to Everyone: Collapse of the Covid Narrative -- https://phillipaltman.substack.com/p/collapse-of-the-

covid-injection-narrative

19:39:28 From Julie Parker to Everyone: Reacted to "phillipaltman.substa..." with 🖟 19:39:34 From Rosie to Everyone: apparently selling us DNA tests for our ancestry wasn't effective enough? 19:39:47 From Vincent to Everyone: A réagi à "apparently selling..." avec 👍 19:40:03 From Charles V to Everyone: Reacted to "apparently selling u..." with 19:40:12 From Loz to Everyone: Reacted to "apparently selling u..." with 19:40:25 From Sharon to Everyone: Reacted to "apparently selling u..." with 19:40:33 From Julie Parker to Everyone: Replying to "apparently selling u..." That was a very obvious process to get DNA and more about people - amazing how many 19:40:40 From Gerry to Everyone:

people did it.

THE FARCE MASK - FROM 2003 - TWENTY YEARS AGO -- \$ 100,000 FINES for selling Masks (!)

https://www.smh.com.au/national/farce-mask-its-safe-for-only-20-minutes-20030427gdgnyo.html

19:40:57 From Tess to Everyone:

NSW health doctor Kerry Chant is allegedly married to on of the top pathologist in NSW. It may be the head guy at Douglas Hanley Moir. so that would mean here husband was involved in collection of NSW Public DNA

19:41:15 From Lynne to Everyone:

Reacted to "NSW health doctor Ke..." with

19:41:42 From Gerry to Everyone:

THE TRIPLE VAXXED ARE DYING - THE UNVAXXED ARE NOT?

https://slaynews.com/news/covid-deaths-triple-vaccinated-government-data-shows/

19:41:49 From Dee Cee to Everyone:

just finished an excellent book. By Tim Wu, The curse of bigness. About how corporate giants came to rule the world. And how the concentrated wealth and power is linked to the decline of democracy. Its a beaut little primer. Worth giving the people who are hard to convince..

19:42:04 From Julie Parker to Everyone:

Reacted to "THE TRIPLE VAXXED AR..." with

19:42:07 From Julie Parker to Everyone:

Reacted to "just finished an exc..." with

19:42:23 From Vicki to Everyone:

You don't have to be a subscriber to join the mtgs

19:42:26 From Gerry to Everyone:

WILL IT ALTER YOUR DNA (?) - YES --- VACCINE RESEARCH FROM 2015

https://blog.nomorefakenews.com/2023/06/05/passport-to-the-brave-new-world-the-vaccine-2/

19:42:34 From Lynne to Everyone:

Reacted to "You don't have to be..." with

19:42:39 From Karen And Alex to Everyone:

Reacted to "WILL IT ALTER YOUR D..." with

19:42:52 From Julie Parker to Everyone:

https://www.worldofwellness.life/

19:42:59 From Lynne to Everyone:

Reacted to "just finished an exc..." with

19:43:10 From Julie Parker to Everyone:

Apologies, Dara, I accidentally muted you XX

19:44:12 From Charles Kovess - Freedom. Passion. Law. Health. Hemp. Comedy (AU) to Everyone:

Aseem Mahotra's presentations in Australia can be found here:

https://amps.redunion.com.au and click on the Resources tab

19:45:01 From Rohan to Everyone:

WoW is down

19:45:09 From Gerry to Everyone:

"the synthetic gene is incorporated into the recipient's own DNA." https://blog.nomorefakenews.com/2023/06/05/passport-to-the-brave-new-world-the-vaccine-2/

```
19:45:35 From Dee Cee to Everyone:
       Apologies.. I have to go early tonight.
19:45:42 From Dee Cee to Everyone:
       Sww you next week.
19:45:47 From Dee Cee to Everyone:
       see
19:45:49 From Sharon to Everyone:
       https://www.unitedaustraliaparty.org.au/video/dr-melissa-mccanns-speech-covid-vaccines-
effects-tour-sydney-australia-2023/
19:45:53 From Charles Kovess - Freedom. Passion. Law. Health. Hemp. Comedy (AU) to Everyone:
       We will miss you Dee Cee
19:46:01 From Vicki to Everyone:
       The best interview I saw was Malhotra with discernible
19:46:13 From Karen And Alex to Everyone:
       https://rumble.com/v2bk5mw-dr-melissa-mccann-speech-covid-vaccines-and-effects-tour-
sydney-australia-
2.html?fbclid=lwAR15lS5ajG9vbprOjPWQKmzXxEevAkuMLnnxAsKviOGFXioxOQaQyxapCmU
19:46:14 From Julie Parker to Everyone:
       Club Grubbery https://www.facebook.com/100075870640962/videos/
19:46:19 From Julie Parker to Everyone:
       Reacted to "https://rumble.com/v..." with 🗼
19:46:36 From Karen And Alex to Everyone:
       Reacted to "https://www.unitedau..." with
19:46:55 From John to Everyone:
       https://rumble.com/v2sfkt0-graham-and-john-interview-dr-aseem-malhotra....html
19:47:04 From Julie Parker to Everyone:
       Reacted to "https://rumble.com/v..." with 🗼
19:47:11 From Gerry to Everyone:
       The MAYDAY Flight Calls are RISING (worldwide) --
https://twitter.com/USFreedomFlyers/status/1646147643230265346?s=20
19:47:40 From Gerry to Everyone:
       7700 SQUARK Calls -- TOP emergency
```

19:47:43 From Tess to Everyone:

Someone went to GLADESVILLE PRIMARY SCHOOL -NSW and promoted THE VOICE !!! So WHO FUNDED that ??

19:47:45 From Rosie to Everyone:

someone sent me a screenshot of the West Australian - I'm surprised they have an advertisement for the Mainstream Media & Medical Convention event - Iol

19:48:03 From Julie Parker to Everyone:

Andrew Bridgen - video will be finished processing soon: https://rumble.com/v2t2ado-andrew-bridgen-uk-mp.html

19:48:15 From Aldo to Everyone:

Great interview! Recent interview with Dr Aseem Malhotra (3 /6/23).

https://discernable.io/dr-aseem-malhotra-covid-19-vaccines-should-never-have-been-approved-for-a-single-

human/?fbclid=IwAR20IS5w_6AWyQn901spBZFiOthi260xMW2fTitUkeu02CRr3DRsbBAz_YE

19:49:17 From Anthony to Everyone:

Squeaky Bay is actually in Wilsons Promontory a short walk from Tidal River. Streaky Bay is in South Aust on the other side I believe of the Eyre Peninsula.

19:49:33 From Vincent to Everyone:

A réagi à "Squeaky Bay is act..." avec 👍

19:51:13 From Gerry to Everyone:

"80% of the people who work at UK Parliament House support Andgerw Bridgen" (!!)

19:51:30 From Gerry to Everyone:

Andrew Bridgen

19:51:45 From Julie Parker to Everyone:

Replying to ""80% of the people w..."

wow! Aces!

19:51:45 From Gerry to Everyone:

NONE of those people are Parliamentarians

19:51:46 From Simon to Everyone:

My Cherokee shaman friend said:

Agarikon is a mushroom that gives spiritual Defense and long life. The Native Americans in the Pacific Northwest have been using it to protect them from Covid which they believe is not a natural virus, (man made). Ozzy supplier:

https://superfoodsaustralia.com.au/products/siberian-agaricon-mushroom-extract

19:52:15 From Julie Parker to Everyone:

Reacted to "My Cherokee shaman f..." with 👍

19:52:45 From Tess and John to Everyone:

The Tribes are asking where is the NO discussion concerning the "Voice". None of the them have been approached or consulted about this "referendum".

19:53:02 From Gerry to Everyone:

But John, Is there enough White hair in the house?

19:53:05 From Julie Parker to Everyone:

Replying to "My Cherokee shaman f..."

Just clicked on link - such a pretty mushroom 😂

19:53:23 From Julie Parker to Everyone:

Reacted to "But John, Is there e..." with 😂

19:54:00 From Tess to Everyone:

We are being very gentle. WE need to remind them all that, Sooner or later these people will face charges of murder or collusion with murder ...

19:54:08 From Charles V to Everyone:

Reacted to "But John, Is there e..." with

19:54:10 From Gerry to Everyone:

The MAYDAY Flight Calls are RISING (worldwide) -- https://twitter.com/USFreedomFlyers/status/1646147643230265346?s=20

19:54:12 From Julie Parker to Everyone:

Replying to "We are being very ge..."

Amen

19:54:33 From Julie Parker to Everyone:

Reacted to "The MAYDAY Flight Ca..." with 📙

19:55:35 From Julie Parker to Everyone:

Apparently, firefighters STILL mandated to getthe jab but volunteer firefights who sometimes work along side them - no mandate

19:56:05 From Vincent to Everyone: A réagi à "Apparently, firefi..." avec 🧐 19:56:06 From Gerry to Everyone: 386 % increase in 7700 Calls in 2023 (!!) 19:56:19 From Neil to Everyone: That's correct here in Vic. Julie 19:56:49 From Julie Parker to Everyone: Reacted to "That's correct here ..." with 19:57:06 From Sharon to Everyone: Reacted to "Apparently, firefigh..." with 19:57:17 From Julie Parker to Everyone: Reacted to "386 % increase in 77..." with 😞 19:57:42 From Lynne to Everyone: Reacted to "Apparently, firefigh..." with 19:58:01 From Lynne to Everyone: Reacted to "Amen" with 19:58:09 From Lynne to Everyone: Reacted to "We are being very ge..." with 19:58:17 From Lynne to Everyone: Reacted to "The MAYDAY Flight Ca..." with 🖟 19:58:28 From Julie Parker to Everyone: Aldo's .ink:nhttps://discernable.io/dr-aseem-malhotra-covid-19-vaccines-should-never-havebeen-approved-for-a-singlehuman/?fbclid=IwAR20IS5w_6AWyQn901spBZFiOthi260xMW2fTitUkeu02CRr3DRsbBAz_YE 19:59:42 From Fiona to Everyone: Replying to ""80% of the people w..." Fantastic 19:59:54 From Julie Parker to Everyone: Too many brains, Gerry - too heavy!

20:00:06 From Simon to Everyone:

actually 111 pilots https://stevekirsch.substack.com/p/are-100-dead-us-airline-pilotstrying?s=r

20:00:23 From Julie Parker to Everyone:

Reacted to "actually 111 pilots ..." with

20:00:26 From dara to Everyone:

An oldie but a goodie Charles!!

20:00:59 From Julie Parker to Everyone:

Great idea, JOC

20:01:47 From Gerry to Everyone:

C Reactive Protein

20:02:00 From Simon to Everyone:

C-reactive protein

20:02:15 From Gerry to Everyone:

Plus Thyroid Antobodies

20:02:24 From Gerry to Everyone:

Antibodies

20:02:26 From Simon to Everyone:

Dehydroepiandrosterone

20:03:12 From Gerry to Everyone:

Add Biochem Profile

20:03:14 From John & Ines to Everyone:

Dehydroepiandrosterone (DHEA)

20:03:21 From Kalvert to Everyone:

Magnesium/Calcium Ratio

20:03:22 From Gerry to Everyone:

Full Blood Count and ESR

20:03:28 From Caroline & Guy to Everyone:

fertility has collapsed

20:03:39 From Lynne to Everyone:

Reacted to "fertility has colla..." with 👍



20:03:45 From Gerry to Everyone:

Ad ANA in older women

20:04:06 From Tess to Everyone:

The 12 minute 40 second mark has the VIP research that had this US doctor Paul Thomas de-registered. They have re-registered him. He is now in a court action against individual members of the committee the de-registered him.://thehighwire.com/ark-videos/doctor-sues-oregon-medical-board-for-35-million/

20:04:13 From Gerry to Everyone:

The Doctors are now CONTROLLED re the tests they order (!!)

20:04:16 From Jen to Everyone:

Replying to "Full Blood Count and..."

Isn't ESR & CRP similar for traces of infection?

20:04:22 From Kalvert to Everyone:

.4 Ratio is good Mg/Ca

20:04:23 From Lynne to Everyone:

Reacted to "The Doctors are now ..." with

20:04:40 From Jen to Everyone:

Replying to "Full Blood Count and..."

Inflammation maker

20:05:00 From Rosie to Everyone:

I asked for an iron study & other tests & I got all the tests but he didnt' order the iron test! Then he told me everything is great but when I read the results everything is NOT okay. Am seeing my regular doc later and he's on top of that stuff. I've been exhausted beyond compare for months now - so obviously there's something wrong

20:05:02 From Kalvert to Everyone:

Copper/Zinc

20:05:05 From Gerry to Everyone:

Replying to "Full Blood Count and..."

No -- they are different tests

20:05:58 From Gerry to Everyone: Many Doctors are now INCOMPETENT (!) 20:06:09 From Gerry to Everyone: IMHO -- they just "follow guidelines" 20:06:21 From Lynne to Everyone: Reacted to "IMHO -- they just "f..." with 20:06:26 From Lynne to Everyone: Reacted to "Many Doctors are now..." with 20:06:44 From Karen And Alex to Everyone: Reacted to "I asked for an iron ..." with 20:06:53 From Lynne to Everyone: Reacted to "I asked for an iron ..." with 20:06:58 From Vincent to Everyone: again, drs are afraid to be flagged if they order too many of these tests. 20:07:06 From Tess and John to Everyone: Fertility I heard yesterday on 3RRR news that a 'medical' resource says that the decline in male fertility over the last 5 years is caused by bad diets and he even stated that eating from tin cans !! OMG 20:07:11 From Lynne to Everyone: Reacted to "again, drs are afrai..." with 20:07:30 From Lynne to Everyone: Reacted to "Fertility I hear..." with 20:07:45 From Caroline & Guy to Everyone: men have been eating out of tin cans for 100 years 20:07:55 From Lynne to Everyone: Reacted to "men have been eating..." with 👍 20:08:54 From Caroline & Guy to Everyone: is that the lady arrested in Ballarat? 20:10:38 From Tess to Everyone:

We had a case in Sydney at BONDI beach where the person arrested aggressively won his court case. It was a 70 year old bloke who wears only budgie smugglers lol lol Sorry I can not remember who the solicitor's were

20:10:45 From Simon to Everyone:

20:10:45 From Tess and John to Everyone:

Well worth watching Dale's research into Bendigo .

https://www.beyonddark2light.com/about-3-2

20:11:14 From Julie Parker to Everyone:

Reacted to "Well worth watching ..." with

20:11:20 From Julie Parker to Everyone:

Reacted to "one more reason to s..." with 📀

20:11:24 From Julie Parker to Everyone:

Reacted to "We had a case in Syd..." with

20:11:28 From Rosie to Everyone:

I have met Sophia

20:11:52 From Simon to Everyone:

https://www.cbsnews.com/news/report-2-percent-of-hot-dogs-have-human-dna/

20:12:13 From Dora to Everyone:

Wish I thought to say 'yes' in Dec '21 when I had to take a RAT test at the front entrance of the hospital before they let me in

20:12:24 From Lynne to Everyone:

Reacted to "Wish I thought to sa..." with

20:12:46 From Julie Parker to Everyone:

Mel Gibson: https://www.boomlive.in/world/did-mel-gibson-accuse-hollywood-of-child-sacrifices-and-paedophilia-9306

20:12:47 From Gerry to Everyone:

Sit down and stay calm before you watch this --

https://www.youtube.com/watch?v=MNIKASuG52M

20:13:01 From Charles V to Everyone:

About bloody time good on you Mel Gibson

20:13:23 From Rohan to Everyone:

Gotta be careful running in an election to spread a message, it could backfire and you might just get elected - like when Trump was just trying to end the IRS investigation into his businesses by running for President.

20:13:34 From Julie Parker to Everyone:

YES! Karen. The vitriol against Mel will be enormous.

20:13:35 From Simon to Everyone:

another one about children trade to be released July 4th https://en.wikipedia.org/wiki/Sound_of_Freedom_(film)

20:13:37 From Rosie to Everyone:

t "Mel Gibson did not commit suicide"

20:13:41 From Julie Parker to Everyone:

Reacted to "Sit down and stay ca..." with



The blood copper to zinc ratio is a measure of the relative levels of these two essential minerals in the blood. Copper and zinc are involved in many biological processes, such as immune function, antioxidant defense, gene expression, and brain development. They also interact with each other and compete for absorption and transport in the body. Therefore, maintaining a balanced copper to zinc ratio is important for optimal health.

A normal blood copper to zinc ratio is between 0.7 to 1.0, based on the studies discussed here1. However, this ratio may vary depending on the method of measurement, the reference range used, and the individual factors that affect copper and zinc levels. Some of these factors include age, gender, diet, supplementation, medication, infection, inflammation, stress, and genetic variations23.

A high blood copper to zinc ratio means that there is more copper than zinc in the blood. This can indicate a copper excess, a zinc deficiency, or both. A high copper to zinc ratio can have negat

20:13:53 From Julie Parker to Everyone:

Reacted to "The blood copper to ..." with ϕ

20:14:38 From Karen And Alex to Everyone:

https://www.theguardian.com/australia-news/2023/feb/10/nsw-woman-to-receive-18000-after-police-looking-into-suspected-covid-protest-trespassed-on-property

20:14:56 From Tess to Everyone:

Many AFRICAN countries are PUSHING BACK

20:14:56 From Julie Parker to Everyone:

https://get.dailywire.com/wiaw/subscribe?utm_campaign=wiaw&utm_medium=paid&utm_source=googlesearch&utm_content=na_subscriptions&mid=g&cid=wiaw&xid=0&gclid=CjwKCAjwm4ukBhAuEiwA0zQxk8gqVt0gxn70CFLi6j97MjbV6Heo4UR4yrxUyg8tDR9paP6B8HByWhoCWCkQAvD_BwE

20:15:19 From Karen And Alex to Everyone:

Sanchia Romani won a court case, \$18,000 for standing her ground and for suing for police trespassing on her property

20:15:28 From Charles V to Everyone:

Hungary Italy Poland Sweden Finland are all on board for family values

20:15:35 From Ema to Everyone:

That's for the Drugs only

20:15:47 From Ema to Everyone:

Yes Matt Walsh - Daily Wire

20:16:09 From dara to Everyone:

https://youtu.be/MNIKASuG52M 'Redacted' Channel

20:16:09 From Julie Parker to Everyone:

Victor Orban article -

https://www.theaustralian.com.au/subscribe/news/1/?sourceCode=TAWEB_WRE170_a_GGL&dest= https%3A%2F%2Fwww.theaustralian.com.au%2Finquirer%2Fhungary-and-florida-offer-tips-forconservative-revival%2Fnews-

story%2F1fc62d3966b42728d4ca91f903b5e6e4&memtype=anonymous&mode=premium&v21=dyn amic-groupa-control-noscore&V21spcbehaviour=append

20:16:17 From Julie Parker to Everyone:

Recruit People Gently

20:16:28 From Julie Parker to Everyone:

Ask questions - don't impose your views

20:16:56 From dara to Everyone:

Mel Gibson Bombshell Expose!

20:17:04 From laila to Everyone:

https://www.facebook.com/watch/?v=909269350136852

20:17:46 From Caroline & Guy to Everyone:

Its amazing how many people think like us

20:18:33 From Simon to Everyone:

doorknocking in rural Australia, respect:)

20:18:39 From Lynne to Everyone:

Reacted to "Its amazing how many..." with



20:18:50 From Caroline & Guy to Everyone:

When anti-abortionists realise they use baby cells and organs in the jab they change

20:18:57 From Julie Parker to Everyone:

Reacted to "doorknocking in rura..." with 😂

20:19:09 From Tess to Everyone:

I spoke at my local council and they are OUT OF CONTROL !!! YOU are not allowed to ask questions.. ASKING QUESTIONS is a normal part of conversation ... BUT Willoughby Council do not permit people to ask even rhetorical questions....

20:19:12 From Julie Parker to Everyone:

Replying to "doorknocking in rura..."

respect, indeed!

20:19:12 From Neil to Everyone:

Andrew Bridgen is in the Reclaim Party

20:19:29 From Lynne to Everyone:

Reacted to "I spoke at my local ..." with 🔐

20:19:35 From John & Ines to Everyone:

RAy Bloomhall explaining the corruption in mandates

https://rumble.com/v2svqzm-Valid-Consent-Law-Bombshell-expos.html

20:19:51 From Julie Parker to Everyone:

Thanks so much for everyone's contributions xx

20:20:08 From Lynne to Everyone:

Reacted to "Thanks so much for e..." with

20:20:29 From Caroline & Guy to Everyone:

Coouncils can only accept grants from Federal and state government bodies

20:20:36 From Tess to Everyone:

Go to TIMS TRUTH he has some documents that we ALL NEED to SERVE on our COUNCILS CEO and majors .. VIP they are all served the documents

20:20:42 From Julie Parker to Everyone:

Reacted to "Go to TIMS TRUTH he ..." with 🗸

20:20:50 From Gerry to Everyone:

This Report from The Office of the President may also beof interest -- NATIONAL NANOTECHNOLOGY INITIATIVE - US\$ 40 BILLION IN TOTAL FUNDING - OFFICE OF THE PRESIDENT

https://anamihalceamdphd.substack.com/p/national-nanotechnology-initiative

20:21:05 From Arthur to Everyone:

Type in ACMA Site Location Map and put in your address and the towers and their level of Hz near you comes up.

20:21:08 From Simon to Everyone:

https://www.roamaround.io/ funny AI tool to plan your trips:)

20:21:28 From Julie Parker to Everyone:

Sanchia Romani: https://www.theguardian.com/australia-news/2023/feb/10/nsw-womanto-receive-18000-after-police-looking-into-suspected-covid-protest-trespassed-on-property

20:21:28 From John & Ines to Everyone:

https://www.theguardian.com/australia-news/2023/feb/10/nsw-woman-to-receive-18000after-police-looking-into-suspected-covid-protest-trespassed-on-property

20:21:39 From Julie Parker to Everyone:

Reacted to "https://www.theguard..." with



20:21:40 From Kalvert to Everyone:

A low blood magnesium to calcium ratio means that there is more calcium than magnesium in the blood. This can indicate a calcium excess, a magnesium deficiency, or both. A low magnesium to calcium ratio can also have negative effects on health, such as:

Increased muscle tension and spasms

Impaired nerve function and pain

High blood pressure and heart rate

Irregular heartbeat and angina (chest pain)

Anxiety and irritability

Insomnia and restlessness

Nausea and vomiting

Constipation and kidney stones

Hypercalcemia (high blood calcium) and hyperparathyroidism (high parathyroid hormone)234

Some of the causes of a low magnesium to calcium ratio include:

High intake of calcium-rich foods or supplements

Low intake of magnesium-rich foods or supplements

Impaired absorption or excretion of calcium or magnesium

Use of diuretics or antibiotics that deplete magnesium

Kidney disease or failure

Hyperthyroidism (high thyroid hormone)

Diabetes mellitus or diabetic ketoacidosis

Alcoholism or chronic alcohol abuse 234

20:22:01 From Julie Parker to Everyone:

Replying to "https://www.theguard..."

so quick!

20:23:22 From Julie Parker to Everyone:

A Victorian number plate stating something like "Get ride of Dan' has been banned - censorship of number plates!

20:24:06 From Charles V to Everyone:

Reacted to "A Victorian number p..." with 💖

20:24:07 From Lynne to Everyone:

Reacted to "A Victorian number p..." with 💚

20:24:13 From Vincent to Everyone:

A réagi à "A Victorian number..." avec 🧐

20:24:29 From Tess to Everyone:

GREAT NEWS Psychosis is a known side effect of the COVID VACCINE, we can tell them to start with ALBO lol

20:24:40 From Charles V to Everyone:

The new governor is a joke

20:24:49 From Julie Parker to Everyone:

Reacted to "The new governor is ..." with

20:25:01 From Caroline & Guy to Everyone:

DANNOUT was the number plate

```
20:25:02 From Rohan to Everyone:
       No trespass sign
20:25:19 From Julie Parker to Everyone:
       Replying to "DANNOUT was the numb..."
       That was it!
20:25:25 From Julie Parker to Everyone:
       Reacted to "DANNOUT was the numb..." with
20:25:31 From Julie Parker to Everyone:
       Reacted to "No trespass sign" with
20:25:46 From Caroline & Guy to Everyone:
       sorry DANOUT
20:26:02 From Julie Parker to Everyone:
       Reacted to "sorry DANOUT" with
20:26:19 From Lynne to Everyone:
       Reacted to "DANNOUT was the numb..." with
20:26:23 From Lynne to Everyone:
       Reacted to "sorry DANOUT" with
20:26:24 From Rosie to Everyone:
       we don't talk about our covid commander
20:27:46 From Rohan to Everyone:
       "I love the leader"
20:28:48 From Rosie to Everyone:
       Reacted to ""I love the leader"" with
20:29:02 From Lynne to Everyone:
       Reacted to ""I love the leader"" with
20:29:50 From Simon to Everyone:
       song bit similar to https://www.youtube.com/watch?v=-a1qTzh16hY Fight song
20:30:07 From Charles V to Everyone:
       We Will Adapt We Will Overcome We Will Prevail
```

20:30:08 From Julie Parker to Everyone: Reacted to "song bit similar to ..." with 🗼 20:30:21 From Maria to Everyone: Andra day she is gorgeous 20:31:08 From Maria to Everyone: I think it is from the Me @ movement 20:31:14 From Julie Parker to Everyone: Andrea Day 20:31:15 From Vicki to Everyone: • no worries Charles 20:31:22 From Rosie to Everyone: I've heard it only because we had someone staying here a few years ago and he was a major fan hahaha 20:31:30 From Neil to Everyone: Got to go - good night all. 20:31:38 From Simon to Everyone: Rachel Platten - Fight Song 20:31:41 From Maria to Everyone: Fight song also wonderful 20:31:57 From Aldo to Everyone: https://www.youtube.com/watch?v=837YWRsyQfw 20:32:01 From Karen And Alex to Everyone: https://stopsmartmeters.com.au/actions-you-cantake/?fbclid=IwAR3TNzsg7G5PY7pHlTBfVjWbsbGyiIQGRZGrTlaCorMdenDIPR3a5zfSeS8 20:32:01 From Rosie to Everyone: see you next week everyone 🙂 20:32:09 From Pasquale to Everyone: Must go now, wish you all a positive weekend, ciao!!

20:32:11 From Karen And Alex to Everyone:

Stop Smart Meters Information

20:32:12 From Karen And Alex to Everyone: https://stopsmartmeters.com.au/actions-you-cantake/?fbclid=IwAR3TNzsg7G5PY7pHlTBfVjWbsbGyilQGRZGrTlaCorMdenDIPR3a5zfSeS8 20:32:21 From Julie Parker to Everyone: Reacted to "Must go now, wish yo..." with 20:32:31 From Julie Parker to Everyone: Reacted to "Stop Smart Meters In..." with 20:32:39 From Julie Parker to Everyone: Reacted to "see you next week ev..." with 20:32:39 From Tess to Everyone: we have heaps of DRONE AIRPORTS being built 20:32:47 From Julie Parker to Everyone: Reacted to "https://stopsmartmet..." with 20:32:54 From Aldo to Everyone: great young duo - Sounds of Silence https://www.youtube.com/watch?v=837YWRsyQfw 20:33:09 From Julie Parker to Everyone: Reacted to "great young duo - So..." with 20:33:18 From Tess to Everyone: BANKSTOWN AIRPORT has a massive issue that they can not calibrate planes so they can not be registered!! 20:33:30 From Lynne to Everyone: Reacted to "BANKSTOWN AIRPORT ha..." with 20:33:38 From Lynne to Everyone: Reacted to "we have heaps of DRO..." with 20:33:56 From Tess to Everyone: Plane registration is required ANNUALLY and they can not do it at that airport anymore 20:34:06 From Lynne to Everyone: Reacted to "Plane registration i..." with 20:34:34 From Julie Parker to Everyone: That becomes our mantra - "I do not consent to ANYTHING!

```
20:34:41 From Vicki to Everyone:
       Reacted to "That becomes our man..." with 💚
20:35:10 From Karen And Alex to Everyone:
       The templates are here...
https://m.facebook.com/groups/493221159411268/permalink/632667688799947/?mibextid=Nif5oz
20:35:25 From Dora to Everyone:
       Thank you Charles, Julie and all
20:35:29 From Rohan to Everyone:
       Thankyou both!!!
20:35:46 From Lynne to Everyone:
       Reacted to "Thank you Charles, J..." with 🤎
20:35:49 From Lynne to Everyone:
       Reacted to "Thankyou both!!!" with 💚
20:35:51 From Jen to Everyone:
       Thank you Julie & Charles!!1
20:35:54 From Lynne to Everyone:
       Reacted to "That becomes our man..." with 
20:36:02 From Charles V to Everyone:
       Thank you best wishes to all
20:36:25 From Caroline & Guy to Everyone:
       thanks Tess my mate has a plane
20:36:54 From Charles V to Everyone:
       Titles are all electronic
20:37:31 From Caroline & Guy to Everyone:
       good on you Mum
20:37:40 From Caroline & Guy to Everyone:
       tip top the one
20:38:14 From Charles V to Everyone:
       Reacted to "good on you Mum" with 💚
20:38:25 From Pam's to Everyone:
       Most defiantly Devine intervention.
```

20:39:40 From Maria to Everyone:

Ciao ciao

20:44:34 From Caroline & Guy to Everyone:

I can't believe the reasons people justified themselves into taking a bio weapon - having coffee appears to be one

20:46:06 From Vicki to Everyone:

https://www.youtube.com/watch?v=ptff6GXi-Ek

20:46:20 From Vicki to Everyone:

The great awakening 👆

20:48:36 From Rohan to Everyone:

Hi, my mic's not working.

20:49:23 From Rohan to Everyone:

My mic's having a 'family emergency'.

20:49:42 From Pam's to Everyone:

Goodnight everyone, thank you and enjoy your weekend.

20:49:50 From Caroline & Guy to Everyone:

goodnight God be with you all

20:50:02 From Candice's to Everyone:

Goodnight- thank you again. X

20:50:23 From Vicki to Everyone:

Sam interview with a doc excellent listening https://smartassam.podbean.com/