

2026-01-30 18:47:21

From Carol to Everyone:

Hi everyone

Charles, Kim: 👍

2026-01-30 18:47:54

From Carol to Everyone:

Haha

2026-01-30 18:51:45

From Carol to Everyone:

My youngest son had a broken arm and he now has a shoulder that hurts all the time

Karen: 😞

Felicity: 😞

2026-01-30 18:52:46

From Kal's iPhone to Everyone:

Karen visualise that you are moving your arm, an old yoga trick

Karen: 🙌

Felicity: 💜

2026-01-30 18:53:39

From Kim to Everyone:

Strange how many unjabbed FF have had strokes and heart attacks....

Felicity, Kim: 🙌

2026-01-30 18:55:09

From Carol to Everyone:

I have ordered one for my husband

2026-01-30 18:55:11

From Julie to Everyone:

Register your email to receive FOAM notifications via our website. Share our meetings with other like-minded friends.

<https://foamgroup.online/>

2026-01-30 18:55:42

From Charles to Everyone:

But I don't want to be neutered

2026-01-30 18:56:16

From Carol to Everyone:

Hahahaha

2026-01-30 18:56:29

From Felicity to Everyone:

Are you riding in Cadel's participation ride tomorrow Charles? On in Geelong
Women's race tomorrow and Men's on Sunday

2026-01-30 18:56:35

From Vicki to Everyone:

That virus has been around in India since 1990 🤔🤔🤔

2026-01-30 18:57:58

From Sonia to Everyone:

Replying to "That virus has been around in India since 1990..."
What's this virus called?

2026-01-30 18:59:32

From Charles to Everyone:

Replying to "What's this virus called?"
Nipah Virus

2026-01-30 19:00:34

From Sonia to Everyone:

Replying to "Nipah Virus"
Thanks. Never heard of it.

2026-01-30 19:01:53

From Julie to Everyone:

Opening song:

<https://www.youtube.com/watch?v=iYebu5Cb1OU>

Truth & Liberation – Let The Ego Fade Away

2026-01-30 19:03:12

From Julie to Charles (direct message):

If you think it is worth playing?

2 min Pauline Hanson clip

<https://x.com/defiantls/status/2015932765628510606>

2026-01-30 19:05:27

From Vicki to Everyone:

Replying to "Nipah Virus"

@Charles nipa schmipa 🤔

2026-01-30 19:06:26

From Julie to Everyone:

"The fire of truth will burn the lies"

2026-01-30 19:08:22

From Charles to Everyone:

Apparently Susan Ley's favourite song is the Melbourne Victory theme song "Stand By Me". I don't like her chances

2026-01-30 19:08:58

From Vicki to Everyone:

Love Neil Diamond – hate Hugh Jackman 🤔

2026-01-30 19:09:19

From Vicki to Everyone:

I sure am!!!

Julie: 😊

2026-01-30 19:10:38

From Julie to Everyone:

Barry G – thanks for sharing this. It is the US Navy welcoming back those who were removed for refusing the Covid injection, with reference to Dr Richard Amerling.

<https://creators.spotify.com/pod/profile/radio-wa/episodes/Editorial---Hung-Cao-US-Under-Secretary-of-Navy--Dr-Richard-Amerling-e3ebbop>

2026-01-30 19:12:49

From Stavros to Everyone:

There's this scare campaign going around about a virus called Nipah. I hope this isn't COVID all over again

Charles: 👍

2026-01-30 19:12:51

From Charles to Julie (direct message):

yes my lovely

2026-01-30 19:13:08

From Julie to Everyone:

Dr Richard Amerling presentation to Medical Doctors 4 Covid Ethics

<https://rumble.com/v74m75m-dr-richard-amerling.html>

2026-01-30 19:13:43

From Julie to Everyone:

Barry G: Attached is transcript of Mark Neugebauer's interview with me titled "From Soil to Signal: Food, Media, and the Truth We're Not Told"

2026-01-30 19:14:02

From Julie to Everyone:

Transcript file shared

2026-01-30 19:14:14

From Charles to Everyone:

Replying to Cadel ride question

Would love to, but too tight for time sadly

2026-01-30 19:14:14

From Charles to Everyone:

John 8:32

2026-01-30 19:14:31

From Julie to Charles (direct message):

Groovy – I have it ready when you introduce

2026-01-30 19:14:56

From Charles to Everyone:

Luke 8:17

2026-01-30 19:16:32

From Therese to Everyone:

Tony started to train as a priest for about a year

2026-01-30 19:18:31

From Stavros to Everyone:

I pray my mother doesn't take any more boosters. She's already been having mini strokes causing severe vertigo

Karina, Felicity: 🙏

2026-01-30 19:18:43

From Kim to Everyone:

This is why One Nation is gaining ground. Go Pauline!!

2026-01-30 19:18:58

From Julie to Everyone:

Pauline Hanson clip

<https://x.com/defiantls/status/2015932765628510606>

Kim, Sonia: 👍

2026-01-30 19:19:13

From Charles to Everyone:

Senator Babet is also big on this topic

2026-01-30 19:19:43

From Kim to Everyone:

And Rennick – he has been a great support to the jab injured

2026-01-30 19:20:55

From Kim to Everyone:

TGA made false reports regarding Ivermectin. I have proof.

2026-01-30 19:21:19

From Kim to Everyone:

Hydroxychloroquine as well

2026-01-30 19:21:40

From Karen to Everyone:

<https://www.facebook.com/drmyletrinh>

2026-01-30 19:21:43

From Charles to Everyone:

Dr My Le Trinh presentation

<https://rumble.com/v5vrx1n-dr-my-le-trinh.html>

2026-01-30 19:21:46

From Barry to Everyone:

Multiple links shared including transcript, interviews, book references and independent media

2026-01-30 19:22:47

From Carol to Everyone:

I totally agree re Coca-Cola

2026-01-30 19:24:45

From Stavros to Everyone:

Good gosh, that's monstrous!

2026-01-30 19:25:43

From Charles to Everyone:

Forget Nipah – next scare will be measles for travellers courtesy of Channel 7

Vicki, Carol: 😂

2026-01-30 19:27:21

From Stavros to Everyone:

Don't do it, whatever you do

2026-01-30 19:27:57

From Kim to Everyone:

The over-educated are the most gullible

2026-01-30 19:31:41

From Kim to Everyone:

Final TGA report shared

2026-01-30 19:30:10

From Julie to Everyone:

Watch Pauline Hanson's movie

<https://www.asuperprogressivemovie.com/>

2026-01-30 19:41:26

From Julie to Everyone:

<https://www.gedwardgriffin.online/>

2026-01-30 19:41:44

From Julie to Everyone:

Dr Andrew Kaufman presentation

<https://rumble.com/v74uvf8-dr-andrew-kaufman.html>

2026-01-30 19:50:18

From Charles to Everyone:

I worked with a lot of people like that. I had no idea

2026-01-30 19:51:11

From Julie to Everyone:

Joe Rogan Experience – Filippo Biondo

<https://open.spotify.com/episode/6viS5R5VpncMRBUZHuFZLC>

2026-01-30 19:53:07

From Julie to Everyone:

Javier Milei address – World Economic Forum 2026

<https://www.youtube.com/watch?v=D5EB-BLvVRA>

2026-01-30 19:54:42

From Julie to Everyone:

The Health Ranger

<https://brightu.ai/>

2026-01-30 19:55:24

From Julie to Everyone:

Dr Simone Gold

<https://www.goldcare.com/>

2026-01-30 19:55:44

From Julie to Everyone:

<https://bandicdan.com/>

2026-01-30 20:09:43

From Charles to Everyone:

Goodbye everyone. Have a great week

2026-01-30 20:28:56

From Missy to Everyone:
Have a good night ladies