

2026-01-09 18:45:56 From **Felicity** to Everyone:

That's no good Julie. Hope Charles heals asap

CV: 👍

2026-01-09 18:47:13 From **Carol** to Everyone:

My 2 sons are getting over being sick with similar

CV: 😬

Felicity: 🤔

2026-01-09 18:47:58 From **Julie** to Everyone:

Share FOAM meetings and register for notification emails via the website:

<https://foamgroup.online/>

2026-01-09 18:51:09 From **Sonia** to Everyone:

Love this song. Who's singing? Great voice and lyrics.

2026-01-09 18:52:22 From **CV** to Everyone:

If people are looking for a great documentary to watch, I can recommend *The Wrecking Crew*, absolutely brilliant viewing and listening.

2026-01-09 18:52:37 From **iPhone user** to Everyone:

I would also like to know

Sonia: 👍

2026-01-09 18:55:02 From **Sonia** to Everyone:

Oh no!!! Poor Karen 🤔

CV: 😬

Julie: 🙏

2026-01-09 18:55:49 From **Felicity** to Everyone:

Gee that's serious. A lot of rehab for her. Sorry to hear

Julie: 🙏

2026-01-09 18:56:26 From **Julie** to Everyone:

Share FOAM meetings and register for notification emails via the website:

<https://foamgroup.online/>

2026-01-09 18:59:55 From **Felicity** to Everyone:

I'm going

Julie: ❤️

2026-01-09 19:00:03 From **CV** to Everyone:

Victimhood is alive and well with Khawaja. It was disappointing to see political views expressed in the sporting arena

Julie, Felicity: 👍

2026-01-09 19:02:14 From **Julie** to Everyone:

Dr Daniel Estulin presentation to Medical Doctors 4 Covid Ethics Int.

<https://rumble.com/v73w4zy-dr-daniel-estulin-phd.html>

2026-01-09 19:02:41 From **Julie** to Everyone:

Topic: Escaping the Matrix (Daniel Estulin)

2026-01-09 19:03:32 From **Carol** to Everyone:

I agree with it

2026-01-09 19:04:58 From **CV** to Everyone:

Glenn Beck has some great podcasts where he explains events in detail with charts and analysis. Highly recommend them to FOAM members.

2026-01-09 19:05:04 From **Sonia** to Everyone:

I love the reversal of the food pyramid 🤔 Eat your heart out Bill Gates and all those trying to restrict our meat consumption

CV, Felicity: 🙌

2026-01-09 19:05:21 From **Meaghan** to Everyone:

Is there a catalogue of all Medical Doctors 4 Covid Ethics presentations?

2026-01-09 19:05:54 From **Julie** to Everyone:

Netflix trailer, *Buy Now! The Shopping Conspiracy*

https://www.youtube.com/watch?v=OVfZw_eqJW8

2026-01-09 19:06:30 From **Carol** to Everyone:

We only buy what breaks

2026-01-09 19:08:43 From **CV** to Everyone:

Everything is being put back to parents with vaccination programs, well done MAHA and Robert Kennedy Jnr

2026-01-09 19:10:00 From **CV** to Everyone:

I was at the Melbourne Victory game last Friday

2026-01-09 19:11:29 From **Missy** to Everyone:

Is Shane a naturopath or another Shane?

2026-01-09 19:12:49 From **Missy** to Everyone:

Blood tests are not 100 percent accurate, just an FYI

2026-01-09 19:13:29 From **Missy** to Everyone:

In Australia and the USA, full thyroid panels are not covered by Medicare, you have to pay

Felicity: 🙌

2026-01-09 19:19:30 From **Julie** to Everyone:

<https://www.councilwatch.com.au/>

2026-01-09 19:20:08 From **Julie** to Everyone:

<https://bandicdan.com/>

Podcast: <https://bikeboy.com.au/podcast>

2026-01-09 19:25:01 From **Julie** to Everyone:

Nicola Charles, White Rabbit

<https://substack.com/@nicolacharles1>

2026-01-09 19:30:01 From **Julie** to Everyone:

The Charles Kovess Show, episode 242

<https://rumble.com/v72zhfm-ep-242-you-are-meant-to-be-doing-what-you-uniquely-see-needs-to-be-done..html>

2026-01-09 19:32:53 From **Julie** to Everyone:

Cafe Locked Out, Banned Book Company

<https://cafelockedout.com/clo-shop/the-bbc/>

2026-01-09 19:36:42 From **Julie** to Everyone:

Yuka app

<https://yuka.io/en/>

2026-01-09 19:38:10 From **Barry** to Everyone:

Facebook post re Charles Kovess episode 242

<https://www.facebook.com/barrygreen1999/posts/pfbid02cT92WtRcxuo1k9NgMsAUn3V4o5hJzbuJ4bcmefiefS3iVbUro3Vj8WnU7kNASYUSl>

Fluoride and politics

<https://creators.spotify.com/pod/profile/radio-wa/episodes/Editorial---Donnybrook-Fluoride-water-and-Left---Right-Politics-e3bg4ao>

2026-01-09 19:47:15 From **Julie** to Everyone:

CoVision

<https://www.youtube.com/watch?v=kZ0rf3kxvX0>

2026-01-09 19:53:18 From **CV** to Everyone:

God bless all as you go about His work, see you next week

2026-01-09 20:00:42 From **Shane** to Everyone:

Goodnight all

2026-01-09 20:05:26 From **Sonia** to Everyone:

Thank you all. Goodnight.