

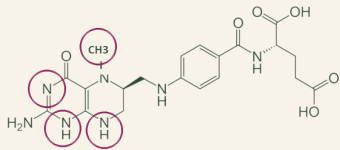
FAUXLATE

Because folic acid is not folate.

NATURAL

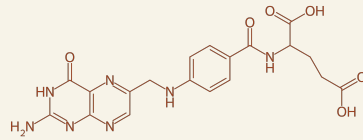
Folate

5-METHYLTETRAHYDROFOLATE · 5-MTHF

REDUCED · METHYLATED · BIOAVAILABLE ·
 $C_{20}H_{25}N_7O_6$

SYNTHETIC

Folic acid

A LAB-MADE CHEMICAL, FIRST
SYNTHESISED 1943NEVER FOUND IN NATURE · MUST BE
CONVERTED · SLOW · $C_{19}H_{19}N_7O_6$

From **December 2026**, synthetic folic acid will be added by law to almost all non-wholemeal flour sold in the UK — the bread, pastry, cereals and everyday foods most households eat.

The Government estimates this may prevent **around 200** neural-tube-defect-affected pregnancies each year. To achieve it, virtually the **entire population** will consume added folic acid, whether they want it or not.

THE TRADE-OFF, IN NUMBERS

68m

people who cannot benefit will be given
folic acid through everyday food

~200

NTD-affected pregnancies a year the
Government estimates this may prevent

THE QUESTION

The question is not whether neural tube defects matter. **They do.** The evidence that folic acid reduces them in low-risk women is questionable — with *nine babies dying, mostly miscarriages, for every claimed prevention.*

The NHS warns that many people must avoid exposure, including those with cancer, heart stents, B12 deficiency, or on renal dialysis.

WHERE WAS THE DEBATE?

This policy has **never been debated and voted on in the House of Commons as primary legislation.**

It is being introduced through a *Statutory Instrument* — secondary legislation that allows significant change with limited parliamentary scrutiny.

A decision affecting the entire population deserves a proper democratic debate.

CONSENT MATTERS

In medicine, patients are normally told what the intervention is, its expected benefits, its possible risks, and what alternatives exist.

Why should a policy affecting almost **every one of us** be any different?

SIGN THE PETITION

Call for a full debate first

Ask Parliament to hold a full debate before fortification begins.

FAUXLATE.ORG

Or sign directly at petition.parliament.uk/petitions/769589 — the petition closes 8 December 2026. At 100,000 signatures it must be considered for debate in Parliament.



SCAN TO SIGN

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